



**Exodus 15 <sup>22</sup> Then Moses led Israel from the Red Sea and they went into the Desert of Shur. For three days they travelled in the desert without finding water. <sup>23</sup> When they came to Marah, they could not drink its water because it was bitter. (That is why the place is called Marah.) <sup>24</sup> So the people grumbled against Moses, saying, “What are we to drink?”**

**<sup>25</sup> Then Moses cried out to the Lord, and the Lord showed him a piece of wood. He threw it into the water, and the water became fit to drink.**

**There the Lord issued a ruling and instruction for them and put them to the test. <sup>26</sup> He said, “If you listen carefully to the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you.”**

**<sup>27</sup> Then they came to Elim, where there were twelve springs and seventy palm trees, and they camped there near the water.**

- We need to win the battles of bitterness and self when we're in the desert
- We need to cry out to God
- We need to trust in Jehovah Rapha and not in our feelings
- Let's not get too comfortable when this is all over!

