

RE: *fresh*

Simplicity



RE: *fresh*



RE: *build*



RE: *lease*



## Industrial Revolution

Industrial production

Jobs today are changing as rapidly as technology does

IoT Tipping Point

## Post-Information Age

Low barriers to markets, talent and information

## Information Age

Computerization – digital data

1440 -1900

Knowledge doubled in 400 years

1900-1950

Knowledge doubled in 50 years

1950-1970

Knowledge doubled in 20 years

1970-1980

Knowledge doubled in 10 years.

1980-2000

Knowledge doubled in 8 years.

2017

Knowledge is doubling every 13 months.

2020

IBM predicts the build out of the "internet of things" will lead to the **doubling of knowledge every 12 hours.**



# RE: *fresh*

## DEFINITION OF SIMPLICITY -

“The Christian Discipline of simplicity is an inward reality that results in an outward life-style. Both the inward and the outward aspects of simplicity are essential.”

- Richard Foster writes in Celebration of Discipline



RE: *fresh*



RE: *build*



RE: *lease*



# 1. Simplicity - Focuses Us On God

But seek first his kingdom and his righteousness... **Matt 6:33**

“Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does. - **John 5:19**

By myself I can do nothing, I judge only as I hear, and my judgment is just, for I seek not to please myself but him who sent me.- **John 5:30**

For I have come down from heaven not to do my will but to do the will of him who sent me. - **John 6:38**





# RE: *fresh*

Jesus placed his Father first, looking to him for everything and ordering his life to this truth about reality. Rather than juggling and measuring, he lived with ONE centre, God the Father, ONE power base, God the Spirit, and ONE purpose: to always do the Father's will....Simply put, simplicity is loving God with all we are and have..' - William D. Watkins



RE: *fresh*



RE: *build*



RE: *lease*



# RE: *fresh*

## 2. Simplicity - Frees Us From Worry

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear.  
**Matt 6:25**



RE: *fresh*



RE: *build*



RE: *lease*



# RE: *fresh*

## 3. Simplicity - Fulfills God's Promises

33 But seek first his kingdom and his righteousness, and **all these things will be given to you as well.** Matt 6:33

"Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you, and learn from Me, for I am gentle and humble in heart; and you shall find rest for your souls. For My yoke is easy, and My load is light." - Matthew 11:28-30



RE: *fresh*



RE: *build*



RE: *lease*



# HOW TO PRACTICE SIMPLICITY?

## 1) START SMALL -

Fast a meal or two a week & donate the food/money  
Sort clothes & stuff - send to Ukraine / Charity shop

## 2) SELF ASSESS -

What rules your life? Is there anything that is producing an addiction in you? Reorder your life to Keep God & His kingdom TOP!

## 3) SORT OUT -

Sort out your clothes, garage, cupboards & declutter & clear up. Get used to giving up, not getting more.

## 4) SAVOUR THE SIMPLE -

Enjoy stuff without owning them; public parks & libraries  
Appreciation for God's glorious creation  
Spend time in silence and solitude





# HOW TO PRACTICE SIMPLICITY?

## 5) SIMPLE PRAYERS -

Pray this prayer often enough that it becomes the way you think -  
**“God, of your goodness, give me yourself, for you are enough for me.”** - Julian Of Norwich

**Await** - holding palms upwards - awaiting Gods presence

**Allow** - (arms raised in submission) - Give consent to the Spirit to transform you from the inside out - Ps. 139

**Accept** - (hands over your heart) - Whatever is revealed to you, you'll take it to heart and act on it.

**Attend** - (hands spread out in front of you) - You'll take what you've been given into the world as an ambassador for Christ to love your neighbour as yourself.

- Julian Of Norwich

