



You are the Gear of Christ, too.

**JUST
LIKE
JESUS**

**A
HEART
LIKE HIS**

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

- Ezekiel 36:26

HEART FACTS....

#1 - Your heart beats over 100,000 times per day.

#2 - Your heart pumps about 6.8 litres of blood every minute. Over the course of a day, that adds up to over 9,092 litres

#3 - There are 60,000 miles of blood vessels in your body. That's enough to go around the world twice.

#4 - The average heartbeat of a woman is about 8 beats a minute faster than a man's heartbeat.

#5 - An adult heart is about the size of 2 hands clasped together. A child's heart is about the size of a fist.

#6 - Other than the cornea, every cell in the human body gets blood from the heart.



HEART FACTS....

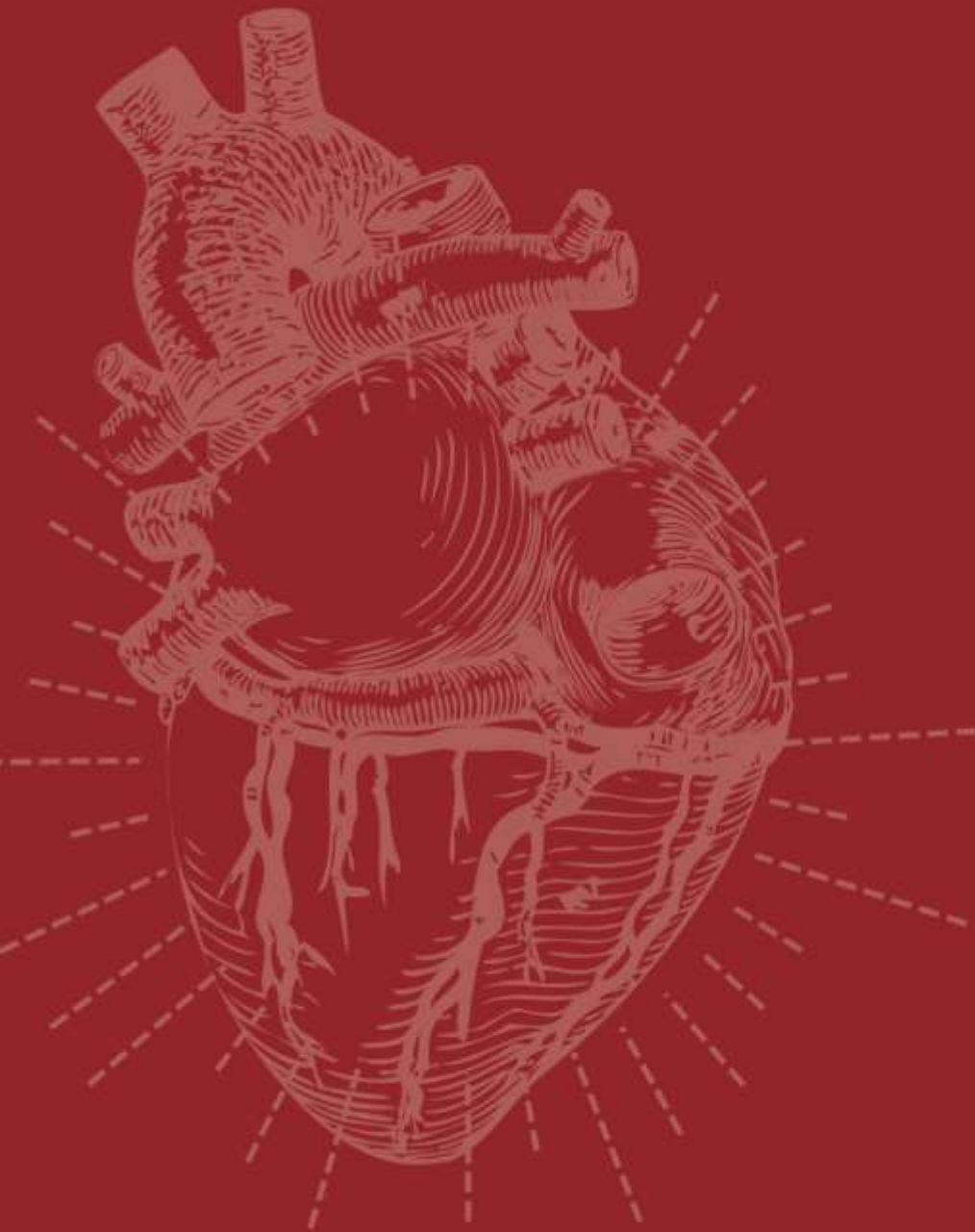
#7 - The right side of your heart pumps blood into your lungs. The left side of your heart pumps blood back through your body.

#8 - The most number of heart attacks occur each year on Christmas Day

#9 - More heart attacks happen on a Monday than any other day of the week.

#10 - On December 3, 1967, Dr. Christiaan Barnard (1922-2001) of South Africa transplanted a human heart into the body of Louis Washansky. Although the recipient lived only 18 days, it is considered the first successful heart transplant.






I will give you a new heart
and put a new spirit in you;
I will remove from you your
heart of stone and give you
a heart of flesh.

- **EZEKIEL 36:26**



You are the Body of Christ, Inc.



God loves you just the way you are, but he refuses to leave you that way. He wants you to be just like Jesus.

MAX LUCADO



You are the Body of Christ, Inc.

1) THE CONDITION OF MY HEART

Test me, LORD, and try me, examine my heart and my mind - Psalms 26:2

Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart. - 1 Sam. 16:7



2) THE CHOICE OF MY HEART

22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, 23 and to be renewed in the spirit of your minds, 24 and to put on the new self, created after the likeness of God in true righteousness and holiness.
Ephesians 4:22-24 (ESV)

Put on your new nature, and be renewed as you learn to know your Creator and become like him. - Colossians 3:10



3) THE COMMITMENT TO HIS HEART

18 So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image. 2 Corinthians 3:18 (NLT)

